

Top 10 Clay Brands Based on Sales in no particular order:

Clay Product	Clay Type	% Calcium	% Magnesium	% Sodium	pH	Screen Mesh	Recommended Safe for Internal Use	Color	Swelling or non-swelling	All Natural Uncleaned Unprocessed	Available in:
Therapeutic Living Clay by Nature's Body Beautiful	Calcium Bentonite	28	14	2.5	9.7	325	YES	Light grey green	Swelling 4x	<input checked="" type="checkbox"/>	Powder, Hydrated, Liquid
Aztec	Sodium Bentonite					200	NO	Off white grey	Swelling 3x	<input checked="" type="checkbox"/>	Powder Only
Pascalite	Calcium Bentonite					200	NO	White to cream	Non-Swelling	<input checked="" type="checkbox"/>	Powder Hydrated
French Green	Illite & Montmorillonite					200	NO	Light grey green	Swelling 5x	Varies	Powder Only
Terramin	Calcium Bentonite	4.69	.0288	1.13		200	YES	Tan to rust	Non-swelling	<input checked="" type="checkbox"/>	Powder Only
Now	Sodium Bentonite					200	YES	Off white	Non-swelling	Cleaned & processed	Powder Only
Sonne's	Mixed Bentonite					200 liquid	YES	Off white	Non-swelling	Cleaned & Processed	Liquid Only
Fullers Earth	Zeolite					250	NO	Medium brown	Non-swelling	Cleaned	Powder Only
Arise 'n Shine	Sodium Bentonite					200 liquid	YES	Beige	Non-swelling	Cleaned & processed	Liquid Only
Rassoul – Moroccan Red	Hectalite					250	NO	Grey red	Swelling 2x	Varies	Powder Only

\*Most clay sites did not list complete information on their clays and/or would not supply the information.

There are ten things you should ask of any clay you are considering for topical or internal use for health purposes.

1. Is it a Calcium based Bentonite? (Best for Internal)
2. Is the clay milled to at least a 325-screen mesh particle?
3. Is the pH at least 9.5?
4. Is it a Living Clay capable of adsorbing and absorbing positive charged ions?
5. Is it a green swelling clay of the Montmorillonite/Smectite group?
6. Is it tasteless and odorless?
7. Is its efficacy, its ionic ratio at least 29 to 1? (Drawing power)
8. Is it an all-natural, clean clay, direct from the mine source which has not been processed or purified in any fashion?
9. Is it a clay from a mine protected from the elements?
10. Is it a clay that expands and absorbs to a 1 to 3 ratio in volume? One part dry clay to three parts water.